



**Hendersonville: 615-824-7575**

**Nashville: 615-353-5678**

**Smyrna: 615-220-2739**

**Maryland Farms: 615-331-4750**

## **IV Sedation – Before Care Instructions**

1. **Do not eat anything 6 hours prior to your dental appointment.** You are allowed to drink water up to your appointment time and are recommended to do so to ease the sedation process.
2. Prescription medication that must be taken prior to appointment should be disclosed and agreed upon by this office. Medication should only be taken with water. Please avoid taking any over-the-counter medications prior to treatment. Please avoid the consumption of alcohol 24 hours prior to dental appointment. Smoking should be ceased at least 1 hour prior to your appointment time.
3. **If you develop a cold or fever, it is very important to inform our office prior to your appointment.** For your safety you may need to be appointed to another day.
4. Make sure you get a good night's sleep before the day of your procedure. **Wear comfortable, loose clothing.** We suggest short sleeves, pants, and comfortable flat shoes. Contact lenses must be removed prior to appointment time. Leave valuables at home.
5. **A responsible adult must accompany you to and from your appointment.** **Do not take mass transportation** and use of a taxi requires a separate responsible adult to accompany the patient. Arrive 30 minutes early for IV paperwork and sedation preparation.
6. We recommend a responsible adult remain with the patient for at least 24 hours after their appointment.



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## **IV Sedation – After Care Instructions**

- 1. Patient cannot drive for 24 hours after taking sedation medication.**
- 2. Do not operate any hazardous devices or heavy equipment, including vehicles, for 24 hours.**
- 3. It may take 24-48 hours for sedation medication to wear off.**
- 4. A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation.**
- 5. Patient should not go up and down stairs unattended.** Let the patient stay on the ground floor until recovered.
- 6. Having nutrition after sedation is important. The patient should begin eating soft foods that are easily chewed as soon as possible.** Do not delay.
- 7. Patient needs to drink plenty of fluids as soon as possible.**
- 8. Patient may seem alert when he/she leaves. This may be misleading so do not leave the patient alone.**
- 9. Always hold patient's arm when walking.**
- 10. Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.**
- 11. Patient should not carry, sleep next to, or be left alone with the young children for a period of no less than 24 hours after the last dosage of medication.**