



Hendersonville: 615-824-7575

Nashville: 615-353-5678

Smyrna: 615-220-2739

Maryland Farms: 615-331-4750

After Care Instructions: Incision and Drainage

If treatment was performed today, it is possible to have some pain or discomfort for several days. If your discomfort does not go away within **72 hours**, please call our office before returning to your family dentist.

An incision has been made in the gum tissue next to your tooth to allow drainage of infection.

What you can expect:

1. Some bleeding for the next few hours is likely.
2. Occasionally moderate to severe discomfort may occur. If medication has been prescribed, use it according to the directions.
3. Some swelling is possible.
4. If any other problems develop, please notify the office as soon as possible.
5. Use warm saltwater rinse (1 glass of water with ½ teaspoon of salt) every 2-4 hours for the rest of the day and next if needed.

Avoid:

- Warm packs on the outside of your face.
- Vigorous swishing. It can disrupt the healing process.

Common concerns:

- If you are congested you may take Sudafed, Afrin, or other nasal sprays.
- You may brush your teeth regularly, avoiding the sutures, if placed.

Over the Counter Instructions:

If needed for discomfort, take 3 (three) 200mg tablets of Advil/Ibuprofen/Motrin along with 2 (two) 500mg tablets of Tylenol (Acetaminophen) every six hours. If you have been prescribed a narcotic for discomfort, take as prescribed and do not take any additional Tylenol (Acetaminophen). **Please Note:** Narcotics may make you drowsy, and you may not be able to take them during the day.