



Hendersonville: 615-824-7575

Nashville: 615-353-5678

Smyrna: 615-220-2739

Maryland Farms: 615-331-4750

After Care Instructions: Root Canal and Retreatment

If treatment was performed today, it is possible and normal to have some pain or discomfort for several days. If your discomfort does not go away within **72 hours**, please call our office before returning to your family dentist.

It is important to avoid chewing on the side of the treated tooth and to avoid hard or chewy foods until the tooth is permanently restored (permanent filling or crown).

It is now your responsibility to make an appointment to see your family dentist as soon as possible for a permanent restoration of your tooth (If it has not been placed in our office). Your dentist may recommend a crown (cap) as the best restoration to adequately protect your tooth from future breakage.

What you can expect:

1. The tooth and the surrounding tissues may be tender for a few days after treatment. This mild discomfort will be relieved with over-the-counter medications (see below).
2. Occasionally moderate to severe discomfort may occur. If medication has been prescribed, use it according to the directions.
3. Some swelling is possible. Call the office if more than a slight swelling occurs.
4. If any other problems develop, please notify the office as soon as possible.
5. To protect the tooth against fracture during or immediately after treatment, avoid chewing on the tooth until the **final restoration** has been placed by your general dentist.

Over the Counter Instructions:

If needed for discomfort, take 3 (three) 200mg tablets of Advil/Ibuprofen/Motrin along with 2 (two) 500mg tablets of Tylenol (Acetaminophen) every six hours. If you have been prescribed a narcotic for discomfort, take as prescribed and do not take any additional Tylenol (Acetaminophen). **Please Note:** Narcotics may make you drowsy, and you may not be able to take them during the day.

If you develop symptoms, continue to be symptomatic or your dentist is not able to restore your tooth within 30 days of treatment, call our office to schedule a follow-up appointment. The seal around a temporary filling may leak after 30 days. If the permanent restoration is NOT initiated within 30 days and symptoms develop, there will be a fee of \$950.00 if the tooth requires re-treatment due to reinfection. This will not be covered by your insurance.